

Carissa Coudray

3410 25th Avenue South Minneapolis, MN 55406
612-558-3659 | coudro09@umn.edu

EDUCATION

Saint Mary's University of Minnesota- Twin Cities Minneapolis, MN

M.A. Counseling and Psychological Services (in progress) 2019-Current

Relevant Coursework: Statistical Techniques and Research Methods, Counseling Theory and Technique, Developmental Psychology, Ethics and Professional Issues in Psychology, Marriage and Family Counseling, Group Therapy, Psychopathology, Psychological Assessment

University of Minnesota- Twin Cities Minneapolis, MN

B.A. Psychology-Summa Cum Laude with High Distinction 2016-2018

Thesis Title: Moderators of Treatment Response to an Online Stress Management Intervention

Relevant Coursework: Psychological Data Analysis, Counseling Psychology, Directed Research, Research Methods, Research Practicum, Abnormal Psychology, Cognitive Psychology, Sensation and Perception, Interpersonal Relationships

Minneapolis Community and Technical College Minneapolis, MN

Completed MnTC-Minnesota Transfer Curriculum 2014-2015

Relevant Coursework: General Psychology, Social Psychology, Sociology of Deviance

CLINICAL EXPERIENCE

Direct Service Advocate/Special Projects Volunteer Minneapolis, MN

The Aurora Center for Advocacy and Education Summer 2016-Present

- Provide on-site crisis counseling and support for clients seeking sexual assault exams at University Hospitals
- Respond to clients with direct crisis counseling support via 24 hr. crisis line as well as in office follow-up with clients
- Work with clients to establish plan of care following relationship violence, stalking, and sexual assault; including setting up academic support, filing orders for protections, and assisting clients with reporting
- Represent the Aurora Center at informational events around the University campus
- Provide resources for preventing sexual assault, relationship violence, and stalking as well as knowledge on how to best support and advocate for survivors

RESEARCH EXPERIENCE

Clinical Research Professional Saint Paul, MN

Minnesota Center for Chemical and Mental Health Summer 2018-Winter 2019

- Coordinate the Center's ongoing research projects, design and implement protocols, manage ongoing studies, coordinate study recruitment, facilitate tracking, and data management, and help coordinate staff schedules and workflow
- Coordinate various aspects of contracts and grants under direction of Principal Investigator from protocol development through closeout, including ongoing DHS contracts
- Facilitate implementation of the IRB approved protocol; read and interpret clinical protocols; assess study related needs; evaluate feasibility; and provide input to facilitate implementation
- Patient recruitment, screening, consent, enrollment and necessary registrations
- Participate in production of research publications or presentation of research data
- Create and implement comprehensive timelines, project plans, and identify resources to manage and meet grant deadlines
- Collaborate with professional staff and graduate students

Research Assistant

Saint Paul, MN

Minnesota Center for Chemical and Mental Health

Winter 2018-Summer 2018

- Assisting Executive Director, Piper Meyer-Kalos with ongoing studies examining efficacy, implementation, fidelity and outcomes of a variety of first-episode psychosis interventions; task include survey development, recruitment within clinical population, participant screening (including administration of WAIS-III), consent, capacity to consent, qualitative interviews, data collection and analysis, poster and manuscript development for publication

Research Assistant

Minneapolis, MN

Stress and Trauma Lab – University of Minnesota

Summer 2016-Present

- Assisting PhD candidate AnnaMarie Vu on RCT exploring efficacy of online SmartPhone brief stress and worry intervention; tasks include literature review, IRB revision, consenting participants, data collection and analysis
- Assisting PhD student Riley Palmer on research assessing predictors of treatment outcomes in online MH intervention; Task include literature review, Latent class analysis and Latent growth Mixture Modeling analysis, designing poster for presentation
- In addition to the work I do assisting graduate students I also conduct my own research within this lab; this includes literature review, secondary analyses of existing data sets, poster publications, and development of manuscript for publication

Research Assistant

Minneapolis, MN

TriCAM Laboratory – University of Minnesota

Spring 2017-Spring 2018

- Assisting PhD student Joshua Mervis on a study examining working memory and transcranial direct current stimulation
- Tasks include literature review, meta-analysis, protocol development, task development, creating consent and recruitment documents, IRB submission and revision, clinical trial registration

Research Assistant

Minneapolis, MN

Engel Vision & Imaging Lab – University of Minnesota

Summer 2016-Spring 2017

- Assisting PhD student Elizabeth Fast on research regarding vergence adaptation, fusional limits, and strabismus therapy
- Tasks include literature review, protocol rewrites, IRB submission, participant consent, eye tracking, and data analysis

PUBLICATIONS

Coudray, C., Palmer, R., & Frazier, P. (April 2019) Moderators of the Efficacy of a Web-based Stress Management Intervention for College Students. *Journal of Counseling Psychology*.

Palacios, J. E., Richards, D., Palmer, R., **Coudray, C.**, Hofmann, S. G., Palmieri, P. A., & Frazier, P. (2018). Supported Internet-Delivered Cognitive Behavioral Therapy Programs for Depression, Anxiety, and Stress in University Students: Open, Non-Randomised Trial of Acceptability, Effectiveness, and Satisfaction. *JMIR Mental Health*, 5(4), e11467. doi:10.2196/11467

Meyer-Kalos, P., **Coudray, C.**, Wright-Martin, J., Glynn, S., Gingerich, S. (October 2018). Creating Innovative Solutions for First Episode Psychosis Treatment: Developing Strategies to Enhance Family Member Engagement in Treatment. Poster presented at the International Conference on Early Intervention in Mental Health, Boston, MA.

Meyer-Kalos, P., **Coudray, C.**, Wright-Martin, J., Glynn, S., Gingerich, S., Robinson, D. (in press) The Next Chapter: An Implementation Survey of Coordinated Specialty Care Programs in the U.S. using the NAVIGATE Treatment Model.

Palmer, R., **Coudray, C.**, Frazier, P. (May 2018). Initial Levels of Stress and Present Control Predict Response to an Online Stress-Management Intervention: An Analysis Using Latent Growth Models. Poster presented at the convention of the Association for Psychological Science, San Francisco, CA.

Meyer-Kalos, P., **Coudray, C.**, Wright-Martin, J., Glynn, S., Gingerich, S. (April 2018). Expanding the Reach of NAVIGATE CSC Programs Across the US: What Do We Know? Poster presented at the Schizophrenia International Research Society conference, Florence, Italy.

Capizzi, R., **Coudray, C.**, Mervis, J., & MacDonald, A. (September 2017). The Effects of Transcranial Direct Current Stimulation on Cognition in Schizophrenia: A Meta-Analytical Approach. Poster presented at the annual meeting of the Society for Research in Psychopathology, Denver, CO.

Palmer, R., **Coudray, C.**, Nguyen-Feng, V., & Frazier, P. (May 2017). Using a SMART Design Improves Efficacy of an Online Stress Management Intervention for Intervention Non-Responders. Poster presented at the convention of Association for Psychological Sciences, Boston, MA.

Coudray, C., Wang, K., Riley, R., Frazier, P. (May 2017). Using the Johnson-Neyman Technique to Identify who Benefits from an Online Stress Management Intervention. Poster presented at the convention of Association for Psychological Sciences, Boston, MA.

Coudray, C., Nguyen-Feng, V., Baker, M., & Frazier, P. (May 2017). Correlates of Emotional and Physical Abuse and Distress: Retrospective and Daily Measures. Poster presented at the convention of Association for Psychological Science, Boston, MA.

Coudray, C., Nguyen-Feng, V., Baker, M., & Frazier, P. (April 2017). Correlates of Emotional and Physical Abuse and Distress: Beliefs about Self and Others. Poster presented at the Minnesota Undergraduate Psychology Conference, Northfield, MN.

AWARDS AND HONORS

- 2018 Phi Beta Kappa – Academic Honors Society
- 2018 Mortensen Travel Award
- 2018 Quell Bridging the Gap Scholar
- 2017 Psi Chi – National Honor Society of Psychology
- 2017 Mortensen Travel Award
- 2016 Sigma Tau – National Honors Society for Transfer Students
- 2015 Phi Theta Kappa – International Honor Society for Two-Year Colleges

SKILLS

- Patient advocacy and crisis counseling
- Community public health outreach, and family education on exposure and health risks
- Design and implementation of corporate training modules
- Proficient in Microsoft Excel, and PowerPoint
- CITI, Responsible Conduct in Research, Data Security, HIPAA training, Capacity to Consent, Good Clinical Practice in Clinical Research, Clinical Research Coordinator Training
- Eye Tracking
- State of Minnesota Crisis Counselor Certification
- SPSS, R, MatLab, Mplus, SAS, Qualtrics, and data coding experience
- Study protocol development and implementation
- IRB and Grant Submission and Revision
- Federal clinical trial registration
- Qualitative Interviewing; thematic coding
- Clinical Interviewing
- Administering WAIS-III; all subtests