

Julie L. Rohovit, Ph.D.

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PROFESSIONAL PREPARATION

Doctor of Philosophy in Counselor Education

University of Iowa College of Education

Major: Counselor Education: Counseling Supervision

Minor: Social Work/Marital and Family Therapy

Master of Arts in Counselor Education and Human Development

University of Iowa, College of Education

Division Emphasis: Addictions and Substance Abuse Counseling

Bachelor of Arts

University of Iowa

Major: History (High Distinction)

Minors: Human Relations, Social Work, Sociology

PROFESSIONAL EXPERIENCE

Interim Director, Center for Practice Transformation (formerly known as: Minnesota Center for Chemical and Mental Health), School of Social Work, College of Education and Human Development, University of Minnesota (July 2019-Present)

Determines and guides the intellectual life of the Center through internal and external collaborations, sponsored projects, external sales, targeted evaluation, and product/project development and implementation. Responsible for the directing operations, staff supervision and oversight, planning, and financial management of a dynamic training, consulting, evaluation and research center. Accountable for the performance and results of the Center and understanding the unique needs and requirements of all aspects of the Center, including legal and fiscal requirements, and provide oversight accordingly. This includes the overall authority for the creation/review of the annual operating budget, inclusive of as many as four grants and eight external sales contracts per year. Responsible for conducting strategic planning to set the agenda and work scope of the Center.

Director of Training, Minnesota Center for Chemical and Mental Health, School of Social Work, College of Education and Human Development, University of Minnesota (2016-Present)

Develop and direct training portfolio, curriculum and provide training and consultation in evidence-based practices to enhance mental health and substance use providers' clinical competencies and skills in empirically based and informed practices. Translate research into applied practice.

Write and edit clinical briefs and manuscripts, create training videos and materials, develop on-line learning modules to support training and consultation. Supervise team of four clinical trainers and a training coordinator. Identify and apply adult learning and best training, consultation and coaching practices to ensure effective clinical competency acquisition, training implementation and sustainability.

Responsible for identifying and writing grant proposals and external sales proposals to support the mission of the Center and meet the behavioral health needs of the community. Relationship management with sponsored and external sales projects.

Awarded, direct and manage \$1.7 million external sales and sponsored projects including E-IMR training project with Minnesota's Community Behavioral Health Hospitals, E-IMR training with Great Lakes Mental Health Technology Transfer Center, IMR training with agencies in 10 states and Canada, Targeted E-IMR training for supported housing in New York City, ASAM Six Dimensions training for Minnesota's Certified Community Behavioral Health Clinics and program evaluation project for large substance use treatment agency. Grew external sales from \$50,000 to \$900,000 in two years including 5-year training project in California.

Present locally and nationally on issues related to best clinical practices in substance use, mental illness and co-occurring disorders. Identify and foster collaborative relationships within the College, University, MN Department of Human services and wider community. Member of MNCAMH leadership team responsible for determining strategic plan, policies, financial management, growth and strategic planning.

Program Director, Master of Professional Studies: Integrated Behavioral Health, Master of Professional Studies: Addictions Counseling, College of Continuing Education, University of Minnesota (2011-2016)

Designed, developed, proposed, launched and directed the Master of Professional Studies in Integrated Health and the Master of Professional Studies in Addictions Counseling programs. Responsible for providing leadership of the ADDC/IBH masters level program portfolio to ensure maximum program relevance and student clinical competency in a quickly evolving specialized workplace. Grew programs to a combined enrollment of 120+ students.

Identified, developed and maintained a collaborative working alliance with a variety of constituents, both internal and external to the University of Minnesota, including the MN Department of Human Services, addiction and mental health services associations, clinical programs and professional organizations; license examination organizations and other regional academic programs in addiction and allied behavioral health programs.

Assessed workforce needs by examining and keeping current with developments in the field including demographic trends, market force and employment trends, State and Federal health care regulations, licensing rules and other indicators of potential programming opportunities and communicate these changes to CCE leadership, program faculty, community constituents and students. Applied in-depth industry and content expertise to enhance, expand, guide and evaluate the curricular integrity of IBH/ADDC and identifying value added program opportunities, alternative delivery methods and continuing education opportunities. Leveraged existing collegiate assets as possible.

Developed and disseminated program and relevant industry information to University and community constituents through informational sessions, conference presentations, consultation, board memberships and active participation in professional organizations and recruiting and chairing the ADDC/IBH Advisory Council.

Fostered and built an inclusive and engaged student learning community by identifying events and opportunities that facilitate professional development for IBH/ADDC students and alumni, providing references for employment or doctoral applications, providing career guidance unique to a particular ADDC or IBH student's education/career interests and goals and maintaining relationships with IBH/ADDC alumni to track post-degree status and networking opportunities for current and future students.

Ensured program efficiency and stable operations through various tasks including assisting with budget and revenue/expense forecasts and enrollment goals, determining course offerings and planning and chairing faculty meetings.

Applied program, content and industry expertise to identify and evaluate ADDC field placement sites and supervisors, assess and improve program materials and processes for efficiency and to enhance the student experience, develop and present new student orientation sessions and identify, initiate and supervise short- and long-term projects that will enhance the program's profile and student experience.

Director of Graduate Studies Master of Professional Studies: Integrated Behavioral Health, Master of Professional Studies: Addictions Counseling, College of Continuing Education, University of Minnesota (2011-2016)

Defined standards and goals of learning and develop benchmarks and measures to assess program-learning outcomes and goals. Created written reports University and community constituents when requested or to enhance the program's profile. Evaluated the content and pedagogy used in the ADDC/IBH curriculum to ensure program rigor and compliance with licensing educational and training requirements. Wrote program and internship manuals. Supervised the development of a credit-bearing international learning experience.

Reviewed, evaluated and approved various student requests and proposals including LOA, degree plans, applications to graduate, directed study proposals and incomplete contracts for coursework and transfer and content equivalent coursework for admitted and prospective students. Provided initial advising to all admitted students.

Served as arbiter of student or site supervisor concerns/complaints and disagreements between IBH/ADDC instructors or internship placements and IBH/ADDC students and enforce regulations of the licensing and ethics board(s), University, the relevant collegiate unit(s) and the degree program.

Chaired the ADDC and IBH admissions process and IBH Portfolio process including evaluating and serving on the oral defense committee and make final decisions related to both.

Recruited, mentored and supervised resident and community instructional staff for the ADDC/IBH course portfolio including four resident faculty, a program advisor and 12+ community faculty.

Program Coordinator, Faculty Director, Addiction Studies Certificate Program, College of Continuing Education, University of Minnesota (January 2002 – 2011)

Developed curriculum for Service Provider track. Created promotion strategy and materials. Created and updated program materials and processes, including internship

handbook, application forms and degree completion forms. Established internship opportunities with community-based treatment centers. Monitored and assessed learning opportunities offered by the placement agency. Evaluated student achievement in the internship placement and mediate conflict between the student and agency/on-site supervisor. Reviewed course content and program curriculum for licensure requirements. Served as liaison between certification/licensure boards and the certificate program. Recruited teaching faculty and students. Advised students and College of Continuing Education advisors regarding courses, plans of study and licensing requirements.

Curriculum Consultant, Rule 35 Co-occurring Disorders Training
Project Metropolitan State University (May 2004-October 2004)

Assisted with the development and review of curriculum for State of Minnesota mandated 12-hour training in co-occurring disorders. Developed case studies and served as trainer of the trainers.

Adjunct Instructor, University of Minnesota: Family Social Science, (June 2000 – 2004);
School of Social Work (September 2016-present)

Provided instruction for three graduate level courses: Counseling Skills II; Group Therapy: Theory and Practice, Substance Abuse and Social Work, and one upper-level undergraduate course: Alcohol and Drugs: Families and Culture. Granted unlimited teaching status for graduate level courses.

Project Director, Principal Investigator, Twin Cities ACTC Network: Prevention Collaborative
Minnesota Department of Public Safety/ Macalester College (September 2000 – October 2002)

Coordinated alcohol abuse prevention campaign for the Prevention Collaborative, a network of seven Twin Cities colleges. Serve as liaison between campus representatives and the State of Minnesota Office of Traffic Safety. Created and implemented education and prevention materials and programs to reduce high-risk drinking and related behaviors among college student population. Performed quantitative and qualitative analysis of AOD prevalence and prevention efforts. Responsible for writing project narratives, budget reports, and grant proposals for continued project funding. Provided training, consultation and outreach to participating campuses, college health professionals, and community organizations.

Visiting Lecturer, Division of Counseling, Rehabilitation and Student Development University of Iowa (August 1999 – May 2000)

Served as academic advisor and faculty clinical supervisor to graduate students in Substance Abuse Counseling Program. Taught two upper-level undergraduate courses and one graduate course per semester. Instructional responsibilities included: Introduction to Substance Abuse; Group Processes for Related Professions; Pre-Practicum; Practicum and Internship in Substance Abuse Counseling. Assisted with writing and reviewing CACREP application.

Mental Health Counselor, Winton Health Service Macalester College (November 1997 – May 1999)

Provided individual mental health and chemical use assessments, referrals, crisis intervention, and short-term therapy for college student population. Consulted with faculty, staff, and parents. Created and conducted education programs on mental health, student development and physical health and wellness issues for campus community. Dean

appointed member of Alcohol and Other Drugs Committee.

Grant Consultant, Twin Cities ACTC Network: Prevention Collaborative Augsburg College, Saint Thomas University (December 1998-August 2002)

Developed, conducted and analyzed focus group research for the purpose of developing a social marketing prevention campaign to reduce college age drinking and driving. Assisted with designing and writing proposals to obtain continued funding.

Health Promotions/ADA Coordinator, Winton Health Service Macalester College (Temporary position: August 1997-December 1997)

Developed and conducted various wellness outreach workshops and programs for students and staff. Created and facilitated multiple campus-wide trainings for Macalester's "Healthy Campus Initiative." Created website articles and passive health education programs. Responsible for implementing and ensuring compliance with the Americans With Disabilities Act. Mediated student/faculty/administration ADA concerns.

Alcohol Educator, Health Iowa/Student Health Service University of Iowa (July 1995-May 1998)

Served as program instructor, facilitator, and trainer for various health-related issues, including sexual health, alcohol and other drugs, and stress. Coordinated, trained and supervised two graduate students. Acted as news media liaison. Assisted with grant writing and implementation. Co-designed, conducted and analyzed survey research related to college student alcohol use behaviors, practices and beliefs. Designed prevention media for social marketing pilot project to reduce high risk drinking on campus. Wrote regular monthly health information column for *The Daily Iowan*: daily circulation of 40,000. Psycho-educational group facilitator for court-referred students charged with driving while intoxicated.

Mental Health Counselor, Mid-Eastern Iowa Community Mental Health Center Iowa City, Iowa (May 1994-August 1995)

Conducted intake interviews and functional assessments, provided individual and group counseling, psychotherapy, psychosocial rehabilitation services, crisis intervention, and referrals for adults diagnosed with chronic mental illness and/or dual diagnosis. Developed and facilitated group counseling for newly diagnosed, high functioning adults and led Day Treatment Group for individuals with chronic recurring mental illness. Responsible for organizing and planning didactic curriculum of State approved Day Treatment Program. Member of the outpatient family therapy team.

CURRICULUM DEVELOPMENT AND TEACHING EXPERIENCE

University of Iowa, 2000-2002

Undergraduate Courses

- Counseling for Related Professions
- Making a Vocational Educational Choice
- Group Processes for Related Professions
- Introduction to Alcohol and Drugs
- Health Promotion

Graduate Courses

- Foundations of Counseling

- Substance Abuse Prevention
- Substance Abuse Counseling Internship

Metropolitan State University, 2010

- Internship in Substance Abuse Counseling: Undergraduate

University of Minnesota, 2000-Present

Graduate Courses

- Alcohol and Drugs, Families and Culture
- Counseling Skills I
- Counseling Skills II
- Addiction Studies Internship
- IBH Internship I
- Group Therapy, Theory and Practice
- Foundation of Group Processes
- Intersection of Career and Mental Health
- Professional Seminar I
- Substance Abuse and Social Work

SPONSORED PROJECTS

Current

Role: PI

Minnesota Department of Human Services, Behavioral Health Division, “Center of Excellence for mental illness, substance use and co-occurring disorders,” 2017-2020.

\$690,000

Role: PI

Minnesota Department of Human Services, Direct Care and Services Division, “Engagement for Annandale CBHH,” 2019-2020.

\$5,690

Role: PI

Minnesota Department of Human Services, Direct Care and Services Division, “E-IMR for Community Behavioral Health Hospitals,” 2018-2021.

\$450,000

Role: Co-Investigator

PI: Joseph Merighi Ph.D.

Otto Bremer Trust, “Social Work Interprofessional Training Collaborative (SWITCH), 2019-2021.

\$490,000

Completed

Role: Co-Principle Investigator

PI: Piper Meyer-Kalos, Ph.D.

Minnesota Department of Human Services, Behavioral Health Division, “Center of Excellence for mental illness, substance use and co-occurring disorders,” 2015-2016.

\$650,000

Role: Co-Principle Investigator

PI: Piper Meyer-Kalos, Ph.D.

Minnesota Department of Human Services, Behavioral Health Division, "IDDT for Assertive Community Treatment Teams" 2017-2019.
\$400,000

Role: PI

Minnesota Department of Traffic Safety, "Seat Belt Safety Initiative" Twin Cities Prevention Collaborative, 2001-2002
\$28,000

Role: PI

United States Office of Juvenile Justice, "Underage Drinking Prevention and Reduction Initiative, 2001-2002
\$86,000

Role: PI

Minnesota Department of Public Safety, "Impaired driving prevention for college students ages 18-25" 1999-2000.
\$100,000

Role: Co-Investigator

PI: Patricia Ketchum, Ph.D.

Robert Wood Johnson Foundation, "Stepping Up: A University/Community Action Partnership to Change Alcohol Policy and Use, University of Iowa, 1997-2001
\$680,000

EXTERNAL SALES

Responsible for proposal development and project direction.

Current contract awards: \$755,000

KERN Behavioral Health and Recovery Services, Kern County, California, "Engagement Initiative," 2019-2023

Great Lakes Region Mental Health Technology Transfer Center, University of Wisconsin, Madison, Wisconsin, "E-IMR Training," 2019-2020

People Inc. ACT Team, People Inc., Minneapolis, MN., "E-IMR Training," 2019-2020

Lantern, New York City, NY. "Targeted E-IMR Training," 2019-2021

NUWAY, Minnesota, "RISE Program Evaluation," 2019-2020

Completed contract awards: \$130,000

OCEACT, Portland Oregon, "E-IMR Training for ACT Providers," 2018-2019

Wisconsin Department of Corrections, "E-IMR Training for Incarcerated Men," 2018-2019

North Sound Behavioral Health Organization LLC, Washington, "IMR Training," 2016-2019

Royal Ottawa Mental Health Center, Ottawa Canada, "IMR and E-IMR Training," 2017-2019

Thrive Behavioral Health Network, Minnesota, "E-IMR for Co-occurring Program and Practitioner Integration," 2017-2018

AWARDS

International Travel Grant awarded \$6,000 by the University of Minnesota Global Programs and Strategy Alliance support MNCAMH staff attendance at International Research into Recovery in Nottingham, England (2019).

Innovative Program Award, awarded by University and Professional College Education Association (UPCEA), Midwest Region for developing the Master of Professional Studies in Integrated Behavioral Health (2013)

Finalist: Established Program Award, University and Professional College Education Association (UPCEA), Midwest Region for directing the Master of Professional Studies in Integrated Behavioral Health (2015)

SELECTED PRESENTATIONS

Best Practices for Buffering Compassion Fatigue and Burnout, PAAC8, Annual Conference, 2019

Eliciting Personal Recovery Visions, Minnesota Alliance for Rural Addiction Treatment Programs, Annual Conference, 2019

Essential Skills for Successful Client Engagement, Minnesota Recovery Resources Annual Conference, 2019

Making Recovery Real, NUWAY Lunch and Learn, 2019

Intersection of Trauma and Substance Use Disorders, University of Minnesota Continuing Education Summer Series, 2018 & 2019

Person-Centered Recovery Oriented Goal Setting, Minnesota Association of Community Mental Health Programs, 2017

Are We There Yet? Progress and Challenges in Implementing Person Centered Care in Behavioral Health, Minnesota Center for Chemical and Mental Health Webinar, 2017

Applying Person Centered Practices in Behavioral Health, Northern Pines Co-occurring Disorders Conference, Keynote, 2016

Trauma and Co-occurring Disorders, Minnesota Center for Chemical and Mental Health, Panel Moderator, 2016

Connecting the Classroom and Clinic: Training Innovations in Counselor Preparation. National annual NAADAC conference in Washington D.C. 2015

Identifying Gaps & Challenges to Providing Integrated Treatment for Co-Occurring Mental Health & Substance Use Disorders 2014, MSSA Minnesota Social Service Association

Co-occurring Counseling Care: What works and what doesn't, Graduate Programs Sampler, College of Continuing Education, 2014

Enhanced IMR for Co-occurring Disorders, Minnesota Association of Community Mental Health Programs, 2014

The Big Bang in Behavioral Health: How the ACA and other Disruptions are Creating Big Opportunities for Continuing Education, UPCEA Regional Conference, 2013

PUBLICATIONS

Hyams, K, Prater, N., Rohovit, J., Meyer-Kalos, P.S. (2018). Person centered language. Clinical Tip No. 8 (April 2018): Minnesota Center for Chemical and Mental Health, University of Minnesota.

Barthel, A.L., Wiseman, J., Line, T.A., Rohovit, J., Meyer Kalos, P.S. (2017). Clinical Tip: Stages of Treatment. Clinical Tip No. 8 (July 2017): Minnesota Center for Chemical and Mental Health, University of Minnesota.

Wiseman, J., Meyer-Kalos, P., Rohovit, J., Line, T. (2016). Clinical Tip: Behavioral Experiments. Clinical Tip No. 5 (August 2016): Minnesota Center for Chemical and Mental Health, University of Minnesota.

Ward, A., Line, T., Meyer-Kalos, P., Rohovit, J. (2016). Relapse Prevention Training. Clinical Tip No. 6 (October 2016): Minnesota Center for Chemical and Mental Health, University of Minnesota.

Rohovit, J. (2015) Goal Setting, Practice Brief No. 3: Minnesota Center for Chemical and Mental Health, University of Minnesota.

Fisher, C., Simmelink McCleary J., Dimock, P., Rohovit, J. (2014): Provider Preparedness for Treatment of Co-occurring Disorders: Comparison of Social Workers and Alcohol and Drug Counselors, *Social Work Education: The International Journal*, DOI:10.1080/02615479.2014.919074

Fisher, C., Lee, S., Dimock, P., Simmelink, J., & Rohovit, J. (2014). Treatment of Co-Occurring Mental Health and Substance Use Disorders: Preparedness of Social Workers and Alcohol and Drug Counselors in Minnesota. Research Brief No. 1 (January 2014): Minnesota Center for Mental Health, University of Minnesota.

Rohovit, J. (October 2014), Clinical Practice Brief: Guide to Goal Setting and Tracking. Minnesota Center for Chemical and Mental Health

COMMITTEES AND PROFESSIONAL AFFILIATIONS

Academic Review Committee, University of Minnesota, College of Continuing Education (CCE), appointed by Associate Dean, 2009-2017

Advisory Board, SSW Fellowship in Integrated Behavioral Health, UMN School of Social Work, 2014- 2018

IBH/ADDIS Faculty Search Committee, CCE, appointed by Associate Dean, 2011, 2014, 2016

Academic Council, University of Minnesota, CCE, appointed by Associate Dean, 2009-2016

Master of Liberal Studies Project Advisor for Ken Roberts, Lauren Clair, 2009

Director of Graduate Studies Search Committee, CCE, appointed by Associate Dean, 2009

Student Services Advisor Search Committee, CCE, appointed by Associate Dean, 2009

Graduate Thesis Committee: Joseph Popelka, Summer 2010; Angela Heaney, Spring 2010; Julie Ingram, Summer 2012

Ad Hoc Education Committee, Minnesota Board of Behavioral Health and Therapy, Spring 2010-2015